

**SAVE THE DATE:**



**July 31**  
 "Knitzvah"  
 knitting circle  
**Knit on Pearl**  
**6:30 pm - 8:30 pm**

# The Jackson Kol



NEWSLETTER FOR THE JACKSON HOLE JEWISH COMMUNITY • JULY 2008

## Letter from the Presidents

Dear Members,

As I sat in the June board meeting listening to my fellow board members try and come up with names of JHJC members that might be willing to join the board, almost all the names they came up with were of people that had served on the board before and many of those having served multiple times. They had answered the call to service and if asked I'm sure they would again. However, I think that if we want the congregation to continue to grow and flourish new faces amongst us must step up. I know we have many talented and community-minded members who value a Jewish presence and the services that the JHJC provides. Frankly, we need your talents, your fresh ideas, your energy. I urge you to get involved and consider becoming a board member or volunteering to be on a committee. Our congregation will only be as good as the commitment of its members to share the work and the joys of being Jewish.

We would like to thank the many JHJC members that gave so generously to the recent special aid fund. It makes one feel very good to be a member of a community that is so willing to reach out and help someone in need.

You know how it goes. You get a kudo one minute and a rebuke, albeit a gentle one, the next. I cannot let the moment pass without remarking on the fact that we didn't even have a minyon at our last Shabbos service. I realize it was the

first time any of us had seen the sun in a month and that we have busy lives, but I don't think it is too much to ask to have better attendance once a month at our Friday evening service. We owe it to each other to join together and to support each other and to share in the spirituality of the Sabbath as a congregation is meant to do.

We are happy to say we have a busy schedule of events for the summer. Rabbi Les Sharnberg will be leading our July Shabbos service. We encourage a large turnout as Rabbi has been mentioned in our Rabbi search and we'd like as many members as possible get to meet him. Phyllis Turtle has organized "Knitzvah". This is a ... Carol Mann will be offering several meditation sessions beginning in August on Friday nights. ... Summer camp is coming in July. And there will be a social hike each month through September. We are also about to start our annual membership drive which will be highlighted by a membership party. Watch for further details on this event in a future newsletter.

Welcome back to all the folks that were gone over the winter. We missed you and are glad you are back.

*B'Shalom,  
 Al Zuckerman and Rachel Ravitz*

## Directors 2008

- Rachel Ravitz, Co-President
- Al Zuckerman, Co-President
- Mary Grossman, Secretary
- Jen Daniels
- Lisa Finkelstein
- EJ Hirschfield
- Lou Hochheiser
- Josh Kleyman
- Shannon Troxler Thal
- Barbara Trachtenberg
- Dava Zucker
- Carol Mann ex-officio
- Rose Novak ex-officio
- Larry Thal ex-officio
- Phyllis Turtle ex-officio
- Linda Weil ex-officio

### JEWISH PET OF THE MONTH



**Tucker**  
 Sam Zuckerman's new puppy

If you have a pet that you would like featured in our newsletter, please e-mail a picture to [info@jhjewishcommunity.org](mailto:info@jhjewishcommunity.org).

## CALENDAR

**July 19: Hike with the JHJC to Ski Lake.** Please bring your friends and family. Meet at 9 a.m. at the Stilson Parking lot in Wilson. Bring water, snacks, and weather appropriate clothing. Please leave your dogs at home.

**July 20: Pre-camp potluck** for parents, campers and staff. 5:00 p.m. to 7:00 p.m. at the home of Barb and Mike Scher. If your last name begins with an A-G please bring a side dish, H-M please bring a main course, N-S please bring a desert, T-Z please bring a salad.

**July 21-25 & July 28- August 1: Spirit of the Mountains Summer Camp.** 9 a.m. – 4 p.m. at the Teton Science School, Jackson Campus.

**July 25: Shabbat with Rabbis Les Scharnberg & Chazzan Judd Grossman.** 6:30 p.m. Owen Bircher Park. Potluck Oneg to follow. If your last name begins with an A-G please bring a salad, H-M please bring a main course, N-S please bring a side dish, T-Z please bring a desert.

**July 31: It's a Knitzvah.** Join the JHJC's knitting circle at Knit on Pearl from 6:30 p.m. to 8:30 p.m. All knitting levels are welcome - we'll have experienced knitters to help beginners. Please bring yarn and needles if possible but we'll have stuff available for use.

## OLD BILL'S FUN RUN 12

The Jackson Hole Jewish Community is a proud participant in Old Bill's Fun Run 12. Last year our Old Bill's money helped sponsor programs such as literary sponsorships, a holocaust workshop, a film screening of Paperclips and a lecture on Kabbalah. The Old Bill's 12 giving period begins on July 4 and all donations must be in the Community Foundation office by September 19, 2008 at 5 p.m. Donors may also give with a credit card online at [www.owdbills.org](http://www.owdbills.org). Informational brochures and donor forms will be mailed to all Teton County, WY boxholders and can also be found at the



Community Foundation of Jackson Hole office as well as local banks.

Donations to the JHJC through Old Bill's are for public outreach programming purposes only and do not count as your membership dues. If you would like your gift to be unrestricted, please donate directly to the Jackson Hole Jewish Community. The Fun Run will be on Sunday, September 8 at town square from 10 am – 1 pm. See you there!

## SUMMER PROGRAMS

### Social Hikes

Beginning in June the JHJC will host a monthly hike on the third Saturday of every month at 9 a.m. Please bring your friends and family. The length of the hikes will vary, but plan on about 3 hours. We'll meet at 9 a.m. at the Home Ranch Parking lot (public parking lot), corner of N. Cache and Gill. Bring water, snacks, and weather

appropriate clothing. Please leave your dogs at home. If you have any questions, contact Andrea at 734-1999 or [andrea@jhjewishcommunity.org](mailto:andrea@jhjewishcommunity.org). The schedule for the monthly hikes is as follows:

**June 21: Coyote Rock**

**July 19: Ski Lake**

**August 16: Goodwin Lake**

**September 20: Surprise & Amphitheater Lakes**

### Annual AIPAC Meeting

August is the time of year for us to meet with our senators and congressmen, hosted by the Jackson Hole Jewish Community & AIPAC. For those of you who have never come, it is both informative and interesting to hear directly the opinions and attitudes towards Israel, the only

issue to be discussed, of our elected representatives. The format is usually question and answer, and you have the chance to express yourself. The congressional meeting is scheduled at St. John's Fellowship Hall for Tuesday, August 12 with Senator Barrasso at 8:00 a.m. We hope to see you there!

## COMING THIS AUGUST... MEDITATION FOR PEACE LED BY CAROL MANN

Here is very exciting news about how each one of us can facilitate peace! Recently I discovered scientific research describing measurable positive effects on the environment at large when groups of people meditate together on a regular basis.

This inspired me to offer Meditation for Peace this summer on Fridays when we do not have a Shabbat Service. This gathering is for all of us

(children over 15 included), and anyone in Jackson who might like to join. It will be early enough to allow the rest of the long evening for social plans. I will teach a simple form of meditation, and each meeting will take one hour. We will announce the details of where and when soonest.

Here is the short list of results when groups meditate together. When only 1% of a given population meditated together regularly, there was a significant decrease rate in traffic deaths and accidents, less crime of all sorts and less suicide.

In one study done in Israel, during the war with Lebanon there was a huge decrease (70%) in battlefield injuries, deaths, and terrorist events during the two weeks 7,000 meditators came to the country for this



experiment. (The study rigorously eliminated all other variables.)

In a different study in the US, there was a positive geologic effect in an area of active earthquakes. Instead of the typical pattern of large tremors and destructive after shocks, there were many small ones.

For the individual, the benefits of regular meditation include: reversal of the effects of heart disease, lower blood pressure, reduce stress, decrease feelings of anger and fear, less attachment to the ego, more aware of the interconnection of all of life, more self-reflective and more loving.

The bottom line is that meditation works on every level. Its spiritual practice for thousands of years in Judaism and in every world spiritual tradition has been documented scientifically.

Initiating a Jewish Community Sponsored Meditation for Peace this summer puts us in a proactive leadership role in Jackson, offering people something that truly makes a difference personally, locally and beyond during these times of serious planetary upheaval.

I look forward to your participation!

## IT'S A KNITZVAH

Knitting is more fun when you do it with friends. And especially meaningful when you do it to help others! We are planning a knitting circle, a "Knitzvah". As a group we will decide on a philanthropic cause to knit for.

We will meet the last Thursday of June, July and August at Knit on Pearl (owned by our very own

Rachel Stam) from 6:30 p.m. to 8:30 p.m. All knitting levels are welcome - we'll have experienced knitters to help beginners. Please bring yarn and needles if possible but we'll have stuff available for use. Also, feel free to bring snacks or drinks as knitting always goes better on a full stomach.

### Many Thanks:

**Al Zuckerman** for hosting the June Oneg.

### Deepest Condolences:

**Phil Cohen** on the loss of your beloved mother.

### The JHJC gratefully acknowledges the following donations:

To: **Phil Cohen**

In memory of your beloved mother.

From: **Linda and Sandy Wiener**

To: **Dani Domsky**

In honor of your Bat Mitzvah

From: **Shawn and Mike Daus**

## LAST CALL FOR CAMP REGISTRATION

Its time to register your children for our annual summer day camp! Our camp is for children age 4-12 and runs the last two weeks of July, July 21-25 and July 28- August 1. This year camp will be at the Teton Science School, Jackson Campus. The cost of camp is \$300/week for JHJC members, \$350/week for non-members. If you have not received a registration packet from the JHJC office, please call or e-mail Andrea Mazer at 734-1999 or [andrea@jhjewishcommunity.org](mailto:andrea@jhjewishcommunity.org).



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JACKSON, WY 83002

Phone: (307) 734-1999  
Fax: Same by arrangement  
info@JHJewishCommunity.org  
www.JHJewishCommunity.org

The office is at 480 S. Cache St.,  
Suite 6, Jackson Hole  
Office hours are by arrangement.



*The Jackson Hole Jewish Community is committed to creating a diverse Jewish presence that unites us, celebrates our faith and promotes tolerance in the greater Jackson community. We strive to engage all families and individuals in spirituality, education, tzedakah and the joys of Jewish life.*



### **Pre-Camp Pot-Luck**

Calling all campers and their families! You are invited to join the counselors and CITs for a pre-camp information session and pot-luck from 5:00 p.m. to 7:00 p.m. at Owen Bircher Park in Wilson. If your last name begins with an A-G please bring a side dish, H-M please bring a main course, N-S please bring a desert, T-Z please bring a salad.